

Simple Icebreaker - Questions

These questions are simple to use at the start of any training session. They take little or even no preparation. However, they may make people really uneasy if they have not been warned in advance.

These sorts of questions may have little relevance to the course, so try and use one that is slightly relevant to the session being held.

The facilitator can either use the same question for everybody, or select a new question for each participant.

10 Icebreaker Questions to Get to Know People

1. What is your proudest accomplishment?
2. If you could write a book, what would it be about?
3. What is the happiest moment in your life?
4. What is the scariest thing you have ever done for fun?
5. What is the best gift you have ever given/received?
6. What is your dream job?
7. What is something you were known for in college/high school?
8. What is the best piece of advice you've ever been given?
9. Where is one place you would love to travel to?
10. What does your ideal day look like?

After answering, the participant can nominate the next person to answer a question.

As a variation, when finished a participant can nominate the next delegate, and choose a random number between 1 and 10.